Main Phone: (919) 401-1994 Skin Care & Laser Center Phone: (919) 493-3194

www.centraldermcenter.com

Micropigmentation Aftercare Instructions

Allow freshly feathered eyebrows seven to ten days to heal. It is normal for the eyebrows to look patchy during the healing process. Don't be worried if the strokes have disappeared, it takes the pigment roughly 4 weeks to resurface. During the healing process the eyebrows will appear bold, the color will drop by 40 percent and thickness by 15 percent when healed.

Post treatment care contributes to 70 per cent of the treatment's success. Following careful instructions will give you the best possible results for your skin type and promote good healing.

Post Treatment Care Instructions

FIRST HOUR

- Pat the area with a clean tissue repeatedly.
- Apply a VERY thin layer of your aftercare balm with a clean q-tip, avoid using your fingers.

DAYS 1-5

• Apply a thin layer of your aftercare balm with a cotton swab 3 times a day.

DAYS 1-7

- Using your fingertips, gently was the area with mild soap & water, morning & night.
- Apply a VERY thin layer of your aftercare balm with a clean q-tip, avoid using your fingers.
- Repeat the above process 2 twice a day.

THINGS TO AVOID DURING HEALING

First Seven Days

- Do not pick, scratch or peel the healing area
- Do not apply any make-up or products on eyebrows
- Avoid sleeping on the face
- Avoid direct sun exposure
- Avoid working out to prevent sweating
- Avoid water on eyebrows during shower for at least 7 days or until healed
- · Avoid swimming (hot tubs, pools, oceans. etc.), facial massage, facial steaming, and sauna/steam rooms

In The Next 30-60 Days

- Avoid direct sun exposure, hydroxy acids, retinoids, and exfoliating creams.
- Always avoid laser treatments over the treated area (Fraxel Laser, IPL), light therapies, chemical peels, and microdermabrasion because they can destroy the pigment and/or cause burns.
- The use of antibiotics and hormonal therapy can lead to faster pigment fading.

If you have any questions, concerns, or problems, please call us at 919-493-3194 immediately.